

BIOGRAPHICAL SKETCH

Name		Position Description	
Wendy R. Ulaszek		Principal Investigator	
EDUCATION/TRAINING			
INSTITUTION AND LOCATION	DEGREE <i>(if applicable)</i>	MM/YY	FIELD OF STUDY
University of Connecticut	Ph.D.	05/2001	Clinical Psychology
University of Connecticut	M.A.	05/1998	Clinical Psychology
University of Illinois, Champaign-Urbana	B.S.	05/1990	Psychology, Magna Cum Laude

A. Personal Statement.

Wendy Ulaszek, Ph.D., works as an Associate Research Professor at the UConn School of Social Work, and a Principal Investigator (PI) at the Research Division (RD) of the CT Department of Mental Health and Addiction Services. Dr. Ulaszek has extensive training in facilitation and in evaluation and has experience with successful collection of data for similar evaluative projects. She is currently the PI for a CT-Department of Correction (DOC) funded Smoking Cessation grant, taking a lead role in the evaluation of tobacco dependence amongst inmates, and in establishing and monitoring the progress of Local Implementation Teams in DOC facilities. These teams are tasked to implement and sustain changes within their respective education and addictions organizational systems. Moreover, Dr. Ulaszek is PI of a DMHAS-funded grant, evaluating the services provided through the Mental Health Waiver of the state’s Medicaid Plan. This waiver was established to move Medicaid beneficiaries out of nursing homes and back into the community with appropriate services. These, and other projects that Dr. Ulaszek has worked on, have involved mentally ill, substance-abusing or co-occurring populations. Dr. Ulaszek is one of the Research Division, a team very experienced in conducting monitoring and evaluation projects, with staff trained to design databases, create automated reports and identify the best tracking and interview methodology.

B. Positions and Honors.

EMPLOYMENT HISTORY

05/11-present Associate Research Professor, Univ. of Connecticut & Connecticut DMHAS, Hartford, CT
11/03-05/11 Research Associate, University of Connecticut & Connecticut DMHAS, Hartford, CT
08/01-present Executive Feedback/Leadership Development Coach

12/07-12/08 Trainer & Consultant, Connecticut Department of Mental Health and Addiction Services (DMHAS), Hartford, CT
08/02-11/03 Instructor, Dept. of Psychiatry, Mt. Sinai School of Medicine, NY, NY
08/01-08/02 Post-Doctoral Fellow, Student Mental Health Services, University of Connecticut
05/01-08/01 Summer Associate, Pfizer Outcomes Research Department, Groton, CT
11/97-05/01 Instructor & Assessor, Parent Training Program, University of Connecticut
09/99-09/00 Psychology Intern, The Village for Families & Children, Inc., Hartford, CT
09/97-08/99 Clinical Supervisor, Psychological Services Clinic, University of Connecticut
06/97-01/98 Neuropsychological Assessor, Connecticut Children's Medical Center, Hartford, CT
01/96-05/97 Project Manager, Division of Child-Care Project, University of Connecticut
08/95-12/95 Instructor, Psychology Department, University of Connecticut
04/94-08/95 Research Assistant and Translator, Department of Psychology, Yale University
01/93-02/94 Research Assistant, University of Illinois College of Medicine, Chicago, IL

HONORS AND AWARDS

04/2012 NIATx Change Leader Award/Certification
2001 University of Connecticut Doctoral Dissertation Fellowship Award
1992 Rotary International Graduate Scholarship, *one year appointment* at the University of Costa Rica, San Jose, Costa Rica
1990 Phi Beta Kappa
1986-1990 Recipient of twelve scholarships from six different organizations awarded to finance undergraduate education; these awards are competitively awarded to students for their academic performance and leadership in community affairs.

PROFESSIONAL AFFILIATIONS AND SERVICE

Certified Peer Coach, NIATx PDSA methodology, *2012-present*
Part-time TA and PTO member, Ellington Elementary and Intermediate Schools, *08/06-present*
International consultant and certified feedback provider, trainer, and coach, "The Leadership Development Program" and "The Foundations of Leadership Program" at the Center for Creative Leadership, *2001-present*
Full-time Volunteer, Nuestros Pequeños Hermanos, Orphanage in Cuernavaca, Mexico, *08/90-04/91*
Volunteer Translator, Paniamor, Organization for the Prevention of Child Abuse in San Jose, Costa Rica
Student Fellow, Bush Center in Child Development and Social Policy, Yale University
Student Affiliate, the American Psychological Association and the Connecticut Psychological Association

C. Peer-reviewed publications or manuscripts in press.

Ulaszek, W.R., Lin, H., Frisman, L.K., Sampl, S., Godley, S.H., Steinberg-Gallucci, K.L., Kamon, J.L., & O'Hagan-Lynch, M., (2012). Development and Initial Validation of a Client-level MET-CBT Adherence Measure. *Substance Abuse: Research and Treatment*, 6: 85-94. doi: 10.4137/SART.S9896 .

Melnick, Gerald, **Ulaszek, W.R.**, Lin, H, and Wexler, H.K. (2009). When goals diverge: Staff consensus and the organizational climate. *Drug and Alcohol Dependence*, 103(Supplement 1): S17-S22.

- Covell, N, Donahue, S.A., **Ulaszek, W.R.**, Dunakin, L.K., Essock, S.M., & Felton, C.J. (2006). Effectiveness of two methods of obtaining feedback on mental health services provided to anonymous recipients. Psychiatric Services, 57(9), 1324-1327.
- Danforth, J.S., Harvey, E., **Ulaszek, W.R.**, & McKee, T.E. (2006). The outcome of group parent training for families of children with attention-deficit hyperactivity disorder and defiant/aggressive behavior. Journal of Behavior Therapy and Experimental Psychiatry, 37 (3), 188-205.
- Ulaszek, W.R.**, Dunakin, L.K., Donahue, S.A., Felton, C.J., & Essock, S.M. (2005). Using staff focus groups to refine a feedback process for people who used Project Liberty. Psychiatric Rehabilitation Journal, 28 (3), 209-216.
- McKee, T.E., Harvey, E., Danforth, J.S., **Ulaszek, W.R.**, & Friedman, J.L. (2004). The relation between parental coping styles and parent-child interactions before and after treatment for children with ADHD and oppositional behavior. Journal of Clinical Child & Adolescent Psychology, 33 (1), 158-168.
- Harvey, E.H., Danforth, J.S., McKee, T.E., **Ulaszek, W.R.**, & Friedman, J.L. (2003). Parenting of children with attention-deficit/hyperactivity disorder (ADHD): The role of parental ADHD symptomatology. Journal of Attention Disorders, 7(1), 29-40.
- Ulaszek, W.R.** (2001). Parents' subjective appraisals of a parent training program as predictors of outcome: Perceived benefits, adherence, and barriers to adherence. Dissertation Abstracts International: Section B: The Sciences and Engineering, 62(2-B), 1102.
- Harvey, E.A., Danforth, J.S., **Ulaszek, W.R.**, & Eberhardt, T.L. (2001). Validity of the Parenting Scale for parents of children with attention-deficit/hyperactivity disorder. Behavior Research and Therapy, 39, 731-743.
- Salguero, C. & **McCusker (Ulaszek), W.R.** (1996). Symptom expression in inner-city latinas: Psychopathology or help seeking? In B.J. Leadbeater & N. Way (Eds.), Urban Girls: Resisting Stereotypes, Creating Identities (pp. 328-336). New York: New York University Press.

D. Research Support.

Ongoing Research Support

4/1/12 – 2/28/15

CT Department of Corrections (CT DOC)

CT DOC Smoking Cessation Project

Funded through settlement money from the Tobacco Trust, this project seeks to prevent resumption of smoking following release from smoke-free jail facilities. Leadership teams comprised of staff members from DOC and corrections-based health care providers are guided in their planning to address barriers to smoking cessation and improvement in referral to medical care for former inmates. The evaluation considers the success of the intervention on local procedures and rates of smoking.

Role: PI

Updated May 2014

03/01/12-06/30/15

Connecticut Department of Mental Health and Addiction Services

Working for Integration, Support and Empowerment: Phase II of the WISE Evaluation

The goal of this grant is to review potential strategies and markers for evaluating program participants' recovery, and work with the DMHAS staff to pilot and sustain this measurement. The evaluation team informs how assessment procedures should change; the preparation of participants for community re-entry; and the array of services for individuals with unique needs.

Role: PI

Completed Research Support

9/1/08-3/31/14

National Institute on Drug Abuse

CT Research Center for the Criminal Justice Drug Abuse Treatment Services Research Initiative

This renewal of the CT Research Center for CJ-DATS studies the implementation of evidence-based practices in criminal justice settings, including the areas of assessment, HIV, and medication-assisted treatment.

Role: Co-Investigator

03/01/09-2/29/12

Connecticut Department of Mental Health and Addiction Services

Working for Integration, Support and Empowerment: the WISE Evaluation

The Department of Mental Health & Addiction Services is undertaking review of nursing home residents to determine the appropriateness of returning persons to the community with psychosocial supports. The University of Connecticut will conduct a study of the impact of the initiative on persons transitioned to the community.

Role: PI

9/30/02-8/31/08

National Institute on Drug Abuse

CT Research Center for the Criminal Justice Drug Abuse Treatment Services Research Initiative

This project created a partnership of treatment and criminal justice agencies in order to empirically test integrated services and treatment in Connecticut, where the Judicial and correction systems are state-operated, and interagency relationships have been developing for several years.

Role: Co-Investigator

8/1/05-7/31/07

National Institute on Drug Abuse

Promoting Adoption of EBPs in Addiction Treatment

This project tested a model of technology transfer involving agency application for training; locally offered training; and simultaneous supervisor coaching.

Role: Project Director