Resources for School of Social Work Students (BSW, MSW, PhD)

Identification of resources to support our students in the mental health/emotional health domains.

**Students’ Insurance/Health Plan (SHIP)**
- Students may review their existing health insurance / health plan to understand what may be available to them in terms of costs.
- Students may inquire about the services that are available to them through their health care practice, i.e., some practices will have social workers or counselors as part of their practice.
  - ✔️ Student Insurance Info

**UConn Hartford Campus**
- The Hartford Campus Health Resource Center (Naa Opoku- Clinical Case Manager - MHRC info

**Range of Services and Resources**
- ✔️ 211 - 211 Information
  - ✔️ 211 connects to a range of resources such as food, mental health, healthcare expenses, housing, heating, childcare, etc.
- Food Banks - Click here for Food Bank
- SNAP - SNAP link/resources
- Nutrition: List of Healthy Foods
- 988 National Suicide and Crisis Lifeline

**Recovery Resources**
- Recovery Ally UConn Recovery Community
- CT - AA
- CT ALANON
- CT NA - CT - N.A.
- CT and Western MA GA

**Therapists / Counselors / Mental Health Resources**
- Community Health Services (CHS) - CHS Info
- Community Health Resources (CHR) - CHR Info
- InterCommunity Health Care - InterCommunity Info
- Charter Oak Health Center and Charter Oak Health Satellite - Charter Oak Info
- Wheeler Family Health and Wellness
  - ✔️ Wheeler Clinic Info
- United Way - United Way Info
- Mobile Crisis (# 203-974-7713) or CMHC-Mobile Crisis Intervention and Evaluation
- NASW CT (Online Therapy Directory)
- Psychology Today (Find a Therapist)
- NAMI - NAMI Info

Academic Affairs - updated 9/15/2022